In consideration of being allowed to participate in Raw Hinies bicycle rides, races, or related events and activities ("Events"), I acknowledge and agree that bicycling is an inherently dangerous sport and fully realize the risks of participating in the Events. These risks include but are not limited to stresses to my own physical condition, the surface conditions and hazards where the Events take place, and the dangers of collision with other cyclists, pedestrians, and vehicles. I fully and voluntarily assume the risks associated with participation in the Events

On behalf of myself, my heirs, and successors, I voluntarily waive, release, and discharge Raw Hinies and its officers, officials, ride directors, ride coordinators, agents, and/or employees, other participants, sponsoring agencies, sponsors and advertisers (collectively "Releasees") from any and all claims for bodily injury, damage to my property or other damages arising from participating in any Event. This release shall include, but not be limited to, a release of all claims arising from the negligence of Releasees.

I accept responsibility for my own physical condition and the condition of my bicycle and related equipment. I agree to be solely responsible for my own safety and to take every precaution to provide for my own safety while participating in any Event. I agree to indemnify and hold Releasees harmless from any and all claims arising from my own actions arising from participation in an Event.